

## Frequently Asked Questions (FAQ)

We have split up the FAQ into areas to help you find answers faster!

### Materials

#### What are the tiles made from?

All tiles are made of EVA closed cell high density foam, with an anti-slip top surface. All tiles are shipped with edging strips on every order based on the required area.

### Maintenance

#### Are the tiles waterproof?

Yes, they will not absorb water, not one drop, even over time, also Frost proof.

#### Are the tiles resistant to stains?

The tiles are resistant to stains if the material is wiped up right away, because no moisture will penetrate into the tiles, stains will not go 'into' the material.

#### How are the tiles cleaned?

The tiles can be vacuumed for basic cleaning. For best results, bicarbonate of soda and warm water. Use a jet spray washer to get a complete all over clean.

### Installation

#### Where can the mats be laid?

It is possible to lay the tiles directly onto concrete, slabs, tiles, wooden floor boards, earth, grass lawns. Best to put down a layer of sharp sand if putting tiles down on uneven earth, long grass.

ADHESIVE: most users will not need to stick the tiles down as they are stable & will lay flat. To stick down either use our double sided [flooring tape](#) or general purpose tile [adhesive](#) for vinyl, cork, pvc etc.

#### Do surfaces need to be prepared?

Surfaces require virtually no preparation to lay, no need to pre-screed existing concrete. Ideal for un-even floors! Lay directly on to; wooden floorboards, short grass, patio tiles, decking or balcony, carpet concrete, paving Etc.

#### Can the tiles be cut?

Yes, the mats are easily cut for a custom fit. In this case you should order a little more than your room size and trim along two walls in the room. The mats are easily cut using a stanley knife or a utility knife and a straight edge. When cutting the mats leave at least a 1/4" gap (6-9 mm) between the mat and the wall for any expansion.

#### Can the tiles be placed over carpet?

All floors & carpeting under the mats is ok. However, if used for martial arts or combat training, the carpeting acts like a layer of air and the mats may move around, even large areas. It is best to stick the tiles down with our removable tape.

#### Do you offer a fitting service?

Only for large areas, such as events and trade shows, please enquire.

### Wear & Tear

#### Will the tiles work for exercise equipment?

Yes they are good for all exercise equipment, multi gyms work well as they bed into the tile. For weight benches that have little posts for legs, we recommend using a small piece of plywood under the legs of the weight bench to disperse the weight of the bench.

#### Can I put heavy weights on them?

For people that use free weights, and drop weights frequently, the best solution is to use our tile laid on top of 12mm plywood / MDF.

#### Will the tiles hold up to foot traffic?

Used often at Trade-shows, Yes the mats will hold up to normal wear with shoes or without shoes. HOWEVER, stilettos or very pointed heels will indent or mark the tiles.

#### How long do they last?

Unlike real rubber our EVA tiles do not decay over time. Expected useful life for the mats is over 10 years. In heavy traffic areas such as martial arts facilities useful life may be closer to 5 years.

#### How firm are they?

They are firm enough to hold an average sized person with shoes on, with out sinking into the mats. If you jump up and down on the mats, they will squish a little bit the tile is designed to take this type of activity. This quality tile, will show the effects of sharp objects slight marking imprinting the surface. these will visually seal over if similar for instance to a cut. Able to be laid as a mat or shape as the tiles hold together without the need for special edging to hold them in place.

#### How soft are the tiles?

Soft enough to perform all sporting activities, comfortably, especially good at absorbing a fall or accident. Great for absorbing vibration from rowing machines and treadmills etc.. but NOT hard enough for coping with competition gymnastic equipment.

The tiles do not collapse under foot, if a normal sized person jumped up and down on the mats, they would squish slightly to about 25% of the mats thickness, the mats are soft enough for young childrens and infants play areas. An advised fall height of 1m is the estimated fall safety level, all buyers & users are responsible for their own actions.

### Safety Features

#### Are the tiles safe?

Satisfies to CE regulations, fire and children's toxicity tests. Non-absorbent & impervious to moisture, resists most household common chemicals including bleach and other cleaners. Joins at the interlock are usually tight enough to stop surface liquid penetration to the sub floor if liquid is wiped up straight way. Have been tested for Compliance with European Standard on Safety of Toys EN71 Part 1:1998 Mechanical and Physical Properties EN 71 Part 2:1993. Flammability of Toys and EN 71 Part 3: Migration of Certain Elements.

### Stock / Availability

#### Are the tiles in stock?

Yes, in stock allow 1-3 days for delivery period, colours are available as shown on website, mixing the tile colours in one order is also possible.